BMJ Clinical Evidence
Website User Guide
clinicalevidence.bmj.com
Introduction

BMJ Clinical Evidence brings you the best available evidence for treatment questions in a wide range of common conditions, and provides you with the necessary evidence-based medicine (EBM) skills and tools to make effective use of published research, and to improve clinical practice and patient outcomes.

Following the rigorous, gold-standard BMJ Clinical Evidence methodology, we systematically find, appraise and summarise the most relevant studies for key clinical questions, and display systematic review findings in a quick and easy-to-use format.

We continuously develop and improve BMJ Clinical Evidence to ensure that we provide the best possible knowledge resources for your EBM needs. Based on extensive customer feedback, we have added numerous extra tools designed specifically to enhance the learning, teaching and practice of EBM - including guidance on how to design literature searches, appraise the evidence, calculate and assess risk, and explain EBM to patients.
Getting started

Home page

1. **Finding Evidence**: Browse or search the full BMJ Clinical Evidence database of conditions.
2. **Discover more about EBM**: Additional EBM resources can be accessed via the toolkit icons.
3. **Recently updated reviews**: Stay informed with the latest evidence; these links highlight recently updated systematic overviews.
4. **Latest citations**: See the latest evidence discovered through our ongoing literature horizon scanning.
5. **Find out more about BMJ Clinical Evidence**: Discover how we create our renowned systematic overviews.
6. **Manage your account**: Set up and manage your My BMJ Clinical Evidence account, to control your personalisation features such as saved searches.
7. **Recommend BMJ Clinical Evidence**: Click on these links and enter a friend’s or colleague’s contact details to recommend resources to them.
Browse and search

**BMJ Clinical Evidence** includes systematic overviews, guidelines and patient leaflets for over 250 common conditions. There are several ways to find the information you need. Below are some examples of how to search the content.

1. **Browse by clinical area**
   If you are looking for evidence on a particular topic, you can use the drop-down browser by clicking on ‘show conditions’ at the top of every **BMJ Clinical Evidence** page. Choosing a clinical area from the list (e.g. Diabetes) will display all topics relevant to that area.

2. **Alphabetical listings**
   The ‘conditions’ browser also allows you to browse the full content of **BMJ Clinical Evidence** alphabetically. Click on the ‘All Conditions’ button to display alphabetical tabs above the article list.

3. **Free-text search**
   You can use the ‘Search Clinical Evidence’ free-text search box at the top of every page to find a particular word or phrase from anywhere within **BMJ Clinical Evidence**. Search results include a selection of text from the relevant topic to help put each result into context.

4. **Filtering search results**
   Results can also be filtered by type - Systematic Reviews, Citations, Guidelines or Patient Information - using the buttons above the search results, to help you find the exact information you are looking for.
Navigating around a review

Once you have located the review that interests you, BMJ Clinical Evidence presents the information with a tabbed sub-menu.

All evidence has been selected by systematic and rigorous searching to answer key clinical questions while focusing on outcomes that matter most to patients and clinicians. The quality of the evidence is assessed using the GRADE methodology. Each treatment or intervention is then categorised according to its benefits and harms, and the core content is supplemented by links, references, and additional information.

Latest guidelines: View a list of the most recently updated major guidelines relevant to the current topic.

Latest citations: View the latest articles for the current topic, identified in conjunction with McMaster Plus.

Navigating the left tab options:

Efficacy: Our conclusions about which interventions work and which ones don’t - listed by clinical question.

Key points: A one-page summary of the review.

GRADE table: GRADE scores reflecting the quality of the evidence.

Background: Overview information about the condition.

References: View a full list of the literature included in the current systematic overview.

Credits: Information on contributors and declaration of any competing interest.

Citations: Links to relevant external articles relating to this condition that have been published subsequent to the literature search date for this topic.

Guidelines: View and download relevant guideline information.
Navigating the top tab options:

**View notes:** See the selection of previously created and saved notes on the particular topic.

**Add notes:** Click here to add notes to any article. Notes will appear at the top of the relevant page, and can be edited or deleted as necessary.

**Add to portfolio:** Add the page to your BMJ Portfolio (see portfolio.bmj.com for further information).

**Bookmark:** Add the current page to your BMJ Clinical Evidence bookmarks for easy reference - these can be reviewed and modified through the ‘site settings’ menu at the top of each screen.

**Feedback:** Submit feedback on the current page directly to the BMJ Clinical Evidence team.

**Print:** Click to print the current page.

**PDF:** Read, print or download a PDF version of the entire systematic overview.

---

**Navigating around a review**

---

**Guidelines**

The guidelines on this page have been sourced from the National Guidelines Clearinghouse in the USA (a repository of guidelines from around the world), NICE in the UK, and other international government sources, professional medical organisations or medical specialty societies. Some specialties and international guidelines may only be fully represented as we continue to develop this aspect of our service.

Asia

- Diabetes institute: 01 June 2001
  Singapore Ministry of Health

Europe

- Diabetes commissioning toolkit: 01 November 2001
  Department of Health

- Systematic review on urine albumin testing for early detection of diabetic complications: 01 August 2005
  Health Technology Assessment NHS R&D HTA Programme

North America
Unique to BMJ Clinical Evidence

Overview of effectiveness
We regularly assess the available evidence for a range of common conditions, with a focus on key clinical questions where practitioners will most benefit from current high-quality evidence. Interventions related to each question are summarised in a table and categorised by efficacy for most patients, with icons for easy reference.

Navigate to: HOME > REVIEW > EFFICACY > INTERVENTION

Click the intervention names to access related pages with a bulleted summary, details of the associated benefits and harms data, additional information about included studies and a clinical commentary.

Discover more about EBM

In addition to carefully selected links to other evidence-based materials and publications, BMJ Clinical Evidence offers a variety of further resources to help you practise EBM.

1. Learn EBM
This section of the site provides a selection of articles that explain the building blocks of EBM - how to identify a clinical question, design and conduct a systematic review, design search filters for different study types, and carry out evidence synthesis and appraisal.

2. Practise EBM
BMJ Clinical Evidence includes guidance for translating evidence into improved patient outcomes. This section of the site features a number of downloadable case studies that show how systematic overviews can be applied to patient scenarios, together with tools for assessing risk and ways to explain EBM to others.

3. EBM Toolkit
The EBM toolkit section has been designed as an invaluable reference resource for the day-to-day practise of EBM. In this section, you will find sets of critical appraisal checklists for assessing trials and systematic reviews, an interactive statistical calculator, EBM and health economics glossaries and a list of common statistical abbreviations.
RSS updates
Subscribe to our RSS feeds and be notified of content updates as soon as they are published.

Evidence updates
In collaboration with McMaster Plus, we publish email updates. Sign up for this free service at plus.mcmaster.ca/evidenceupdates

Related BMJ content
You can now access all your BMJ resources from within BMJ Clinical Evidence. The new 'Related BMJ content' tab in each topic provides links to the latest relevant articles from the BMJ, BMJ Journals, BMJ Learning, BMJ Best Practice and associated patient information from Best Health.

The page is created dynamically, so new studies and topics are added as they become available. If you don't have the time to explore content immediately, you can also save selected items of interest and even the entire portal page to BMJ Portfolio.

My BMJ Clinical Evidence
We have created a dedicated section for you to review and manage all the bookmarks, searches and notes you have added, and the BMJ Clinical Evidence content you have saved to BMJ Portfolio.

To create a 'My BMJ Clinical Evidence', click on the 'create/manage account' at the bottom of the home page, then follow the steps to set up an account.

By signing up, you can register to receive monthly email alerts highlighting the most recently published and updated topics, along with helpful hints and tips.

If you would like to reach us please email support@bmj.com

Related BMJ content

My BMJ Clinical Evidence

News and alerts

BMJ Clinical Evidence helps you monitor what is happening in the world of EBM and beyond, with a variety of tools that alert you to new content, findings and news.